

Become a **VOLUNTEER!**

Volunteer Victim Advocate

- * Volunteer Victim Advocates (VVAs) provide essential support, liaison services and care to sexual assault victims
- * VVAs can be active duty or civilian Air Force members and are vetted by the SARC
- * VVAs complete a 40-hr specialized training course to become certified
- * VVAs must possess maturity and experience to assist with sensitive situations (E-4/GS-7 and above)
- * Responsibilities include, but not limited to:
 - * Being on-call and providing non-clinical support
 - * Accompanying victim to investigative interviews, medical exams, and other appointments as requested

For more information please call
402-232-9999

Alternate SARC Opportunity

- * An Alternate SARC provides assistance and services to sexual assault victims same as above, with added responsibility of being able to cover in the SARC's absence due to leave, TDY, illness, etc.
- * Requirements: O-2 or above/civilian GS-12 or equivalent, vetted by base SARC and complete required 60 hour TDY AU training course to become certified.



Useful Numbers & Resources



Offutt SARC/SAPR Office (24/7).....402-232-9999
Website www.offutt.af.mil/Home/SAPR.aspx
DoD SAPR website www.sapr.mil
DoD Safe Helpline.....877-995-5247
www.safehelpline.org

Off-Base Assistance

Methodist Hospital ER.....402-354-4424
*For SANE exam contact SARC/SAPR office at
402-232-9999 for assistance and advice first
Heartland Family Service402-291-6065
www.heartlandfamilyservice.org
WCA-Women's Center for Advancement
Main number402-345-6555
24-hr Hotline.....402-345-7273
www.wcaomaha.org

On-Base Assistance

Special Victim's Counsel402-294-9473/8292
Mental Health402-294-7411
Family Advocacy402-294-7886
Base Chapel.....402-294-6244
Base Clinic Appointments402-232-2273
Airman & Family Readiness Center402-294-4329
Base Legal Assistance402-294-3732
VA Benefits Coord - Offutt AFB.....402-232-7363

Law Enforcement

AFOSI.....402-294-3126
Security Forces (LE Desk)402-294-6110

Eliminate Sexual Assault

**Protecting Our People
Protects Our Mission**



**SEXUAL ASSAULT
PREVENTION
AND
RESPONSE PROGRAM**

OFFUTT AFB

Types of Reporting

The following are eligible for **BOTH Unrestricted and Restricted Reporting options:**

- * Active Duty, Reserve & ANG in Title 10 status, Active Duty spouses and dependents over age 18, and Air Force Civil Service employees
- * Provide assistance with on and off-base incidents
- * Both options allow:
 - * A medical exam to collect evidence and/or to provide medical care
 - * Special Victims Counsel (SVC) for confidential legal advice

UNRESTRICTED

- * Is when a victim reports to SARC, Victim Advocate, Chaplain, Medical or Mental Health provider and victim chooses for report to be investigated, as well as, any report made thru normal reporting channels including the victim's chain of command, or to OSI or other law enforcement
- * SARC and Victim Advocates provide individualized care and support
- * Details shared with only 'need to know' individuals
- * On and off-base protective orders available
- * Expedited Transfer option available

RESTRICTED

- * Is when a victim reports to the SARC, Victim Advocate, Chaplain or Medical or Mental Health provider where the individual wants to remain confidential
- * OSI and chain of command are NOT involved, therefore does NOT trigger an investigation
- * Victim has CONTROL over how/when any personal information is released, to include deciding to change to an unrestricted report at

INDEPENDENT

- * Is when information about a sexual assault comes to a commander or OSI's attention from a source other than the victim. Contact SARC for more info about this.

What is Sexual Assault?

- * It is **INTENTIONAL** sexual contact **WITHOUT CONSENT** through the use of force, threats, abuse of authority, or intimidation, or when someone does not or cannot consent, due to being asleep or incapacitated due to age, alcohol or drugs, or mental disabilities.
- * Sexual Assault includes:
 - * Rape, Sexual Assault, Aggravated Sexual Contact, Abusive Sexual Contact, Forcible Sodomy (oral or anal sex), or attempts to commit any of these acts.
- * Sexual assault is criminal conduct and is punishable under the UCMJ for service members and is also punishable under local state laws



Sexual Assault IS NOT...

- * The victim's fault
- * Something anyone asks for
- * Caused by fashion choices
- * Excused by use of drugs or alcohol
- * An accident

Common EFFECTS of Sexual Assault

Self-blame
Guilt
Rage
Anger
ALLENATION
Helplessness
Diminished Sense of Self
Shame
Fear
Isolation
LOSS OF MEANING
Loss of Trust
Grief & Loss

WE are here for YOU

- * We are here to help
- * We will support you and your family in the most sensitive & private ways
- * We will help you get in touch with all available resources
- * There is NO "right" way to deal with sexual assault
 - * It is OK to be angry
- * Take care of yourself and ASK for what you need

If you or someone you know has been the victim of a sexual assault... take ACTION!

- * Call the SARC **24/7** at **402-232-9999** (goes to the on-call phone after hours)
- * If it's an emergency situation, call 911
- * Evidence may be collected up to 5 days after the incident, therefore to preserve it:
 - * **DO NOT** Delay getting help
 - * **DO NOT** Change clothes (if must, bring them in a paper bag, not plastic)
 - * **DO NOT** Eat or drink anything
 - * **DO NOT** Shower, brush teeth or use mouthwash
 - * **DO NOT** Take or apply any medication to injuries
 - * **DO NOT** Use the bathroom (if you do, try to bring urine for testing in a plastic or glass container)
 - * **DO NOT** Disturb or clean up the crime scene
- * Call the SARC if you have questions about any of this