OAFB COVID-19 Travel Risk Calculator

If the unit is unable to facilitate the member’s working from home in a restriction of movement (ROM) status, consider these points when moving forward.

1. Did the member return from a “COVID-19 Hot Spot?” If yes, 4 pts

   (A hot spot is defined locally by the published Wing Restricted Travel List - see link below)


2. Did the member recently start experiencing any of these symptoms:
   - fever or chills
   - mild or moderate difficulty breathing
   - new or worsening cough
   - loss of smell, taste, or appetite
   - sore throat
   - vomiting or diarrhea
   - aching throughout the body

   *Call 232-2273 to schedule a telephone appointment

   If any are yes, 7 pts

3. In the last 14 days, has the member been in contact with someone who has or is suspected to have COVID-19? If yes, 4 pts

4. In the last 14 days, was the member within 6ft of someone who was sick? If yes, 2 pts

5. In the last 14 days, was the member exposed to a cough or sneeze? If yes, 2 pts

6. AT THE AIRPORT
   - Did they wear an N-95 respirator? If no, 1 pt
   - Did they avoid crowds? If no, 1 pt

7. ON THE AIRCRAFT
   - Did they utilize military aircrafts only? If no, 1 pt
   - Did they wear an N-95 respirator? If no, 1 pt
   - Did they maintain 6ft between themselves and other passengers? If no, 1 pt
   - Did they use wipes to clean or avoid touching frequently used surfaces such as armrests, trays, TV screens, and bathroom doors? If no, 1 pt
   - Did they touch food with fingers? If no, 1 pt

8. TRAVEL BY CAR
   - Did they use wipes or gloves on gas pumps? If no, 1 pt
   - Did they use wipes to sanitize high-touch areas? If no, 1 pt
   - Did they maximize drive-thru dining? If no, 1 pt

<table>
<thead>
<tr>
<th>Low Risk</th>
<th>Moderate Risk</th>
<th>High Risk</th>
<th>Points Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-3</td>
<td>4-6</td>
<td>7+</td>
<td></td>
</tr>
</tbody>
</table>

Standard precautions  Enhanced precautions 14-Day ROM